

Mission Statement

The Rubicon House mission is to provide a continuum of safe, structured therapeutic housing to promote recovery to health and wellbeing.

To cross the Rubicon is to commit one's self to never return to active addiction.

Rubicon Housing provides a structured therapeutic living environment to support movement through a complete continuum of care

- A clean bed in a safe house
- Empathy and Hope
- Role Models
- Peer Support
- Group Identity
- Attainable Steps
- A Clear Path to Follow
- Responsibility and Accountability

The Rubicon is a small river in N. Italy which formed a boundary between Cisalpine Gaul and Rome. According to legend, when Julius Caesar crossed the river in 49 ad he identified the river as 'the point of no return'.

Since the times of Caesar the term 'to cross the Rubicon' has been a metaphor for committing oneself to a definite act of decision; to take a final irrevocable step.

Rubicon Housing is named so to symbolize this commitment to recovery

The Point of No Return

The Michigan Department of Health and Human Services (MDHHS), Region 10 PIHP and Mid-State Health Network (MSHN) funds support Program Costs.

Rubicon Recovery Housing



Contact Our Admission Offices
For more information

(810)238-5888

(989)754-HOPE

(810)238-7435



What is Rubicon Odyssey House?

Rubicon Housing is a recovery housing program for those persons who have been drug and alcohol free for at least 3 days and have an acceptable concurrent recovery treatment plan in place.

Our governing principle is “Self-Help and Mutual Self-Help”. Each person assumes primary responsibility for their own recovery and accept responsibility for helping their peers recover as a way to reinforce and maintain their own recovery.

All residents as a group share the responsibility of maintaining a clean and orderly house.

Being part of a self-help and mutual self-help learning group teaches residents; to better understand themselves, take responsibly for their lives and adopt the behaviors and attitudes necessary for a successful recovery.

What you can expect from us.

Flint Odyssey House and Rubicon Housing provide structured therapeutic living environments to promote and support the motivational needs for a full continuum of recovery.

In a Rubicon Recovery House you will receive;

- Supervision and support in achieving the goals of a comprehensive recovery care plan
- Intensive 30 day stabilization.
- Role Models and Peer Support
- A clean bed in a safe house.
- Daily house meetings.
- Accountability and responsibility
- Medication supervision
- Clear attainable steps on a pathway to success!

Pregnant and Parenting Women are a Priority for treatment.

Flint Odyssey House offers specialized services for pregnant injecting drug users, pregnant or post-partum women and families with minor children.

What we expect from you.

“Crossing the Rubicon” is to take a committed step towards recovery. To make this possible for everyone of our residents we require that;

- All residents want our help and are committed to their recovery,
- All house members abide by the house rules,
- All residents maintain progress towards meeting the goals of their individualized Recovery Plan,
- Willingness to accept responsibility for yourself and your peers,
- Making consistent progress towards independent living.

At Odyssey House, All residents are held accountable to ‘House standards’. If at any time the group feels that an individual is not living up to the standards of the house, or putting the safety and sobriety of other house members at risk, a house meeting will take place to address and identify next steps to ensure the safety and sobriety of all program residents.

Illegal acts such as violence, theft, illegal drug use or possession of drug paraphernalia will additionally result in local law enforcement being contacted.

